# Gratitude Dice: Roll & Write



Name _____

Date _____

## Roll Key

| | | |
|---|---|---|
| 1. | ⚀ | Something I appreciate today |
| 2. | ⚁ | A person I'm thankful for |
| 3. | ⚂ | A place that makes me feel safe |
| 4. | ⚃ | Something my body can do |
| 5. | ⚄ | A small moment that made me smile |
| 6. | ⚅ | Something I'm looking forward to |

**1**

**2**

**3**

**4**

**5**

**6**

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