GRATITUDE SCAVENGER HUNT

Write what you found for each prompt.

1. Something that makes me smile

_____

2. A sound I'm grateful to hear

_____

3. A small comfort I often overlook

_____

4. Something in nature I appreciate

_____

5. A person who helps me

_____

6. A place that feels safe

_____

7. Something my body can do

_____

8. A kind word I've received

_____

9. Something *I* can use to help others

_____

10. A simple meal or drink I enjoy

_____

11. Something *I* worked hard for

_____

12. A moment from today I'm thankful for

_____

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