Gratitude Scavenger Hunt

Look around, notice it, check it off.

- ○ Something that keeps you warm
- ○ Something that makes you feel welcome
- ○ A helpful tool
- ○ A book (or story) you enjoy
- ○ Something that protects you
- ○ Something you're glad you have
- ○ A skill you're proud of
- ○ A snack or meal you appreciate
- ○ Something that makes you laugh
- ○ A memory you're thankful for
- ○ Something that helps you rest
- ○ A person who supports you
- ○ Something that saves you time
- ○ Something you can create with
- ○ A comfort sound (music, fan, quiet)
- ○ Something you can use to help someone else

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